

3.5K run

Place	Name	City	Bib No	Gender	Age	Age Group Place	Time	Pace
1	Ethan Aarts	Lakeside	278	M	12	1 M 11-13	12:23	3:32/K
2	Chris Dolson	Stratford	149	M	36	1 M 30-39	12:48	3:39/K
3	Owen Peters	Thedford	265	M	11	2 M 11-13	13:16	3:47/K
4	Daryl Selves	Stratford	234	M	50	1 M 50-59	13:37	3:53/K
5	Denzel Bolinger	Dublin	326	M	13	3 M 11-13	13:43	3:55/K
6	Ronald De Bruin	St.marys	142	M	15	1 M 14-19	13:49	3:57/K
7	Kirsten Dejong	St.mary's	256	F	16	1 F 14-19	13:52	3:58/K
8	Connor Hill	Stratford	299	M	13	4 M 11-13	13:55	3:59/K
9	Chloe Contois	Mitchell	134	F	13	1 F 11-13	13:59	4:00/K
10	Tim Martin	Listowel	188	M	43	1 M 40-49	14:14	4:04/K
11	Jamie Boone	Stratford	307	M	37	2 M 30-39	14:35	4:10/K
12	Mike Craig	Stratford	136	M	46	2 M 40-49	15:13	4:21/K
13	Sheri Walmsley	Brunner	324	F	37	1 F 30-39	15:19	4:23/K
14	Janelle Huybers	Wyoming	241	F	18	2 F 14-19	15:27	4:25/K
15	Carson Peters	Thedford	266	M	10	1 M 0-10	15:33	4:27/K
16	Angela Walmsley	Brunner	323	F	15	3 F 14-19	15:36	4:27/K
17	Mark Barton	Stratford	110	M	9	2 M 0-10	15:40	4:29/K
18	Rowan Alexander	Listowel	297	M	10	3 M 0-10	15:44	4:30/K
19	Nathan Kodde	Granton	178	M	16	2 M 14-19	15:45	4:30/K
20	Richard White	Listowel	346	M	44	3 M 40-49	15:46	4:30/K
21	Scott Bell	Stratford	112	M	37	3 M 30-39	15:47	4:31/K
22	Quinn Appel	Stratford	312	M	8	4 M 0-10	15:50	4:31/K
23	Brock Appel	Stratford	313	M	40	4 M 40-49	15:51	4:32/K
24	Addisyn Reinecker	Stratford	288	F	8	1 F 0-10	16:06	4:36/K
25	Zach Houben	Stratford	306	M	8	5 M 0-10	16:06	4:36/K
26	Greg Houben	Stratford	305	M	36	4 M 30-39	16:06	4:36/K
27	Blair Cressman	Wellesley	12	M	33	5 M 30-39	16:21	4:40/K
28	Gabriel Tudorache	Cambridge	220	M	14	3 M 14-19	16:21	4:40/K
29	Cole Wallace	Seaforth	252	M	10	6 M 0-10	16:21	4:40/K
30	Erik Spek		344	M	38	6 M 30-39	16:36	4:45/K
31	Dan Veldman	Embro	224	M	52	2 M 50-59	16:41	4:46/K
32	Madelief De Bruin	St.marys	141	F	10	2 F 0-10	16:45	4:47/K

33	Sandra Visscher	Lakeside	332	F	45	1 F 40-49	16:45	4:47/K
34	Ella Visscher	Lakeside	311	F	10	3 F 0-10	16:46	4:47/K
35	Sam Ford	Stratford	318	M	8	7 M 0-10	16:46	4:47/K
36	Jane Barton	Stratford	109	F	38	2 F 30-39	16:47	4:48/K
37	Kara Fischer	Staffa	154	F	27	1 F 20-29	16:49	4:48/K
38	Justin Malott	Stratford	345	M	8	8 M 0-10	16:51	4:49/K
39	Elliot Barton	Stratford	111	M	7	9 M 0-10	17:01	4:52/K
40	Dana Eccleston-Mcgre	Tavistock	279	F	40	2 F 40-49	17:01	4:52/K
41	Nick Donker	Beachville	239	M	72	1 M 70-79	17:08	4:54/K
42	Corbin Ciaschini	Wallenstein	129	M	10	10 M 0-10	17:14	4:55/K
43	Participant 349		349				17:22	4:58/K
44	Annie Houben	Sebringville	167	F	61	1 F 60-69	17:22	4:58/K
45	Sue Dias	Stratford	301	F	41	3 F 40-49	17:25	4:59/K
46	Angie Alexander	Listowel	298	F	36	3 F 30-39	17:30	5:00/K
47	Joanne Ross	St.marys	233	F	36	4 F 30-39	17:32	5:01/K
48	Salome Kodde	Granton	176	F	7	4 F 0-10	17:33	5:01/K
49	Sharon Kodde	Granton	177	F	42	4 F 40-49	17:33	5:01/K
50	Deo Narayan	Stratford	231	M	11	5 M 11-13	17:38	5:02/K
51	Justin Ahrens	Sebringville	347	M	28	1 M 20-29	17:38	5:02/K
52	Lydia Ridsdale	Woodstock	205	F	36	5 F 30-39	17:46	5:05/K
53	Ellie Monteith	Stratford	193	F	11	2 F 11-13	17:52	5:06/K
54	Kevin Mosser	Guelph	285	M	35	7 M 30-39	17:54	5:07/K
55	Brent Sterkenburg	Mitchell	218	M	27	2 M 20-29	17:57	5:08/K
56	Kyra Alexander	Listowell	296	F	12	3 F 11-13	18:10	5:11/K
57	Kate Davidson	Cambridge	333	F	31	6 F 30-39	18:12	5:12/K
58	Doug MacDougald	Stratford	229	M	62	1 M 60-69	18:13	5:12/K
59	Debbie Iwanyzki	Wilsonville	260	F	45	5 F 40-49	18:19	5:14/K
60	Ken Joyes	Stratford	174	M	59	3 M 50-59	18:33	5:18/K
61	Crystal Hundt	Stratford	259	F	36	7 F 30-39	18:33	5:18/K
62	Theresa Burns	Stratford	253	F	54	1 F 50-59	18:35	5:19/K
63	Reese Reinecker	Stratford	287	F	10	5 F 0-10	18:35	5:19/K
64	Carolyn Alexander	Fergus	100	F	49	6 F 40-49	18:36	5:19/K
65	Alia Linton	Lakeside	183	F	9	6 F 0-10	18:39	5:20/K
66	Loree Skinner	St. Pauls	212	F	51	2 F 50-59	18:51	5:23/K

67	Ken Vanderheyden	Cambridge	250	M	40	5 M 40-49	18:54	5:24/K
68	Lindsay Parsons	Stratford	195	F	33	8 F 30-39	18:55	5:24/K
69	Ruby Tuesdays	Cambridge	249	F	19	4 F 14-19	18:59	5:25/K
70	Megan Veldman	Embro	226	F	24	2 F 20-29	19:27	5:33/K
71	Sam Wolfgram	Stratford	293	M	10	11 M 0-10	19:27	5:33/K
72	Simon Hawcutt	Georgetown	342	M	41	6 M 40-49	19:35	5:36/K
73	Katrina Gubelmann		341	F	11	4 F 11-13	19:36	5:36/K
74	Lily McDesaud		340	F	11	5 F 11-13	19:36	5:36/K
75	Yasmin Narayan	Stratford	232	F	9	7 F 0-10	19:42	5:38/K
76	Ava McMillan	Stratford	271	F	9	8 F 0-10	19:43	5:38/K
77	Laura Lewis-Marche	Wallenstein	180	F	47	7 F 40-49	19:45	5:39/K
78	Annette Harburn	London	164	F	54	3 F 50-59	19:46	5:39/K
79	Jessica Parkinson	St. Marys	194	F	28	3 F 20-29	19:52	5:41/K
80	Nicky Lienhart	Wallenstein	181	F	31	9 F 30-39	19:56	5:42/K
81	Harold Burgin	St Marys	294	M	76	2 M 70-79	19:58	5:42/K
82	Stephanie Rempel	Wallenstein	203	F	26	4 F 20-29	20:00	5:43/K
83	Louise Boulay	Cambridge	117	F	46	8 F 40-49	20:02	5:43/K
84	Sarah McMillan	Stratford	272	F	11	6 F 11-13	20:11	5:46/K
85	Korri Ellis	St. Marys	151	F	29	5 F 20-29	20:11	5:46/K
86	Alexandra Wolfgram	Stratford	292	F	12	7 F 11-13	20:12	5:46/K
87	Jasmijn De Bruin	St.marys	140	F	13	8 F 11-13	20:20	5:49/K
88	Yvonne De Bruin	St.marys	143	F	20	6 F 20-29	20:21	5:49/K
89	Angela Ewtushik	Wallenstein	258	F	42	9 F 40-49	20:21	5:49/K
90	Kayla Veldman	Embro	225	F	19	5 F 14-19	20:22	5:49/K
91	Steve Gowland	Cambridge	160	M	42	7 M 40-49	20:25	5:50/K
92	David Hazelton	Stratford	281	M	61	2 M 60-69	20:27	5:51/K
93	Stephanie Sischek	Stratford	289	F	29	7 F 20-29	20:27	5:51/K
94	Don McIntosh	St. Marys	189	M	63	3 M 60-69	20:31	5:52/K
95	Sam Binns	Stratford	116	M	7	12 M 0-10	20:32	5:52/K
96	Mike Binns	Stratford	115	M	45	8 M 40-49	20:33	5:52/K
97	Ida De Bruin	St.marys	139	F	43	10 F 40-49	20:37	5:53/K
98	Kelly Ward	Stratford	304	F	36	10 F 30-39	20:39	5:54/K
99	Tracy Thompson	Stratford	302	F	49	11 F 40-49	20:43	5:55/K
100	Luke Dewit	Thamesford	330	M	8	13 M 0-10	20:47	5:56/K

101	Steven Wolfgram	Stratford	291	M	39	8 M 30-39	20:55	5:59/K
102	Kim Vanstone	St.marys	223	F	54	4 F 50-59	20:58	5:59/K
103	Domenic Sorbara	Thornhill	331	M	63	4 M 60-69	21:07	6:02/K
104	Tom Alexander	Fergus	101	M	49	9 M 40-49	21:16	6:05/K
105	Drew Woods	Guelph	334	M	34	9 M 30-39	21:18	6:05/K
106	Candace MacKenzie	Wallenstein	186	F	30	11 F 30-39	21:22	6:06/K
107	Bennett Nyerhuis	St Pauls	320	M	7	14 M 0-10	21:27	6:08/K
108	Reid Aitcheson	Stratford	317	M	8	15 M 0-10	21:28	6:08/K
109	Rob Nyerhuis	St Pauls	322	M	35	10 M 30-39	21:28	6:08/K
110	Adam Rae	Stratford	327	M	35	11 M 30-39	21:41	6:12/K
111	Harry Bryant	Sebringville	125	F	58	5 F 50-59	21:54	6:15/K
112	Jeff Penn	Hensall	286	M	23	3 M 20-29	21:56	6:16/K
113	Amy Lidster	Milverton	284	F	22	8 F 20-29	21:59	6:17/K
114	Emma Prevett	Goderich	201	F	16	6 F 14-19	22:01	6:17/K
115	Valerie Craig	Stratford	135	F	46	12 F 40-49	22:01	6:17/K
116	Hans Ulrich	Holland	275	M	62	5 M 60-69	22:07	6:19/K
117	Jen Rose	Gadshill	206	F	29	9 F 20-29	22:10	6:20/K
118	Jay Zehr	Tavistock	236	M	36	12 M 30-39	22:15	6:21/K
119	Irene Johnson	Wallenstein	172	F	20	10 F 20-29	22:15	6:21/K
120	Lisa Zehr	Tavistock	235	F	33	12 F 30-39	22:15	6:21/K
121	Jorja Linton	Lakeside	182	F	7	9 F 0-10	22:18	6:22/K
122	Kathy Zurbrigg	Guelph	228	F	42	13 F 40-49	22:28	6:25/K
123	Christine Pelland	Plattsville	196	F	34	13 F 30-39	22:28	6:25/K
124	Jane Schwering	St Marys	208	F	19	7 F 14-19	22:29	6:25/K
125	Claudia Tudorache	Cambridge	219	F	9	10 F 0-10	22:33	6:27/K
126	Garrett Megens	St. Marys	191	M	30	13 M 30-39	22:37	6:28/K
127	Katrina Balinger	Dublin	325	F	7	11 F 0-10	22:40	6:29/K
128	Gord Hunter	Stratford	169	M	43	10 M 40-49	22:43	6:29/K
129	Larissa Harburn	London	165	F	20	11 F 20-29	22:49	6:31/K
130	Connor Stephens	Stratford	216	M	8	16 M 0-10	22:49	6:31/K
131	Brian Aitcheson	Stratford	315	M	40	11 M 40-49	22:50	6:31/K
132	Leigh Melady	Dublin	273	F	47	14 F 40-49	22:56	6:33/K
133	Dean Gurney	Guelph	87	M	42	12 M 40-49	23:04	6:35/K
134	Dayna Gardner	St. Mary	159	F	23	12 F 20-29	23:06	6:36/K

135	Natalie Litvak	Cambridge	243	F	27	13 F 20-29	23:13	6:38/K
136	Amanda Hamilton	Lonkton	295	F	34	14 F 30-39	23:16	6:39/K
137	Brent Meyers	London	192	M	25	4 M 20-29	23:21	6:40/K
138	Joanna Wallace	Seaforth	251	F	36	15 F 30-39	23:32	6:43/K
139	Sarah Dempster		343	F	32	16 F 30-39	23:35	6:44/K
140	Rose Anderson	Stratford	104	F	53	6 F 50-59	23:35	6:44/K
141	Charlotte Dewit	Thamesford	329	F	7	12 F 0-10	23:36	6:45/K
142	Tim Dewit	Thamesford	328	M	39	14 M 30-39	23:37	6:45/K
143	Tameka Kelly	Stratford	261	F	40	15 F 40-49	23:41	6:46/K
144	Ellen Joyes	Stratford	173	F	54	7 F 50-59	23:51	6:49/K
145	Bethany Degroot	Wallenstein	255	F	8	13 F 0-10	23:57	6:51/K
146	Tara Lantz	Mildmay	179	F	30	17 F 30-39	24:14	6:55/K
147	Sarah Jacob	Stratford	171	F	33	18 F 30-39	24:14	6:55/K
148	Nicolette Morley	Cambridge	246	F	33	19 F 30-39	24:21	6:57/K
149	Melaney Prevett	Goderich	200	F	49	16 F 40-49	24:25	6:59/K
150	Michaela Bowman	Drayton	119	F	34	20 F 30-39	24:39	7:03/K
151	Cal Dolson	Tavistock	148	M	57	4 M 50-59	24:40	7:03/K
152	Nick Baillargeon	Cambridge	107	M	33	15 M 30-39	24:46	7:05/K
153	Nathan Aitcheson	Stratford	314	M	10	17 M 0-10	24:48	7:05/K
154	Marloes Aitcheson	Stratford	316	F	37	21 F 30-39	24:52	7:06/K
155	Anita Stephenson	Cambridge	248	F	49	17 F 40-49	24:52	7:06/K
156	Alexa Main	Cambridge	244	F	25	14 F 20-29	24:54	7:07/K
157	Tory Anderson		300	F	42	18 F 40-49	25:16	7:13/K
158	Nadine Hayes	Stratford	166	F	54	8 F 50-59	25:18	7:14/K
159	Craig Foster	Wallenstein	155	M	28	5 M 20-29	25:23	7:15/K
160	Alicia Devries	Gorrie	145	F	26	15 F 20-29	26:00	7:26/K
161	Brent Devries	Gorrie	144	M	30	16 M 30-39	26:01	7:26/K
162	Jersey Jantzi	Stratford	310	F	7	14 F 0-10	26:05	7:27/K
163	Kassandra Pratt	Stratford	309	F	25	16 F 20-29	26:06	7:27/K
164	Kristian Stephens	Guelph	290	M	37	17 M 30-39	26:40	7:37/K
165	Jackie Gallant	Cambridge	158	F	60	2 F 60-69	26:51	7:40/K
166	Leesa Gillies	Stratford	280	F	44	19 F 40-49	27:17	7:48/K
167	Leslie Hodge	St. Paul's	321	F	38	22 F 30-39	27:18	7:48/K
168	Jack Ouwendyk	Wallenstein	264	M	67	6 M 60-69	27:25	7:50/K

169	Rachel Peters	Milverton	197	F	32	23 F 30-39	27:29	7:51/K
170	Cohen Bernard	Stratford	237	M	6	18 M 0-10	27:32	7:52/K
171	Lynann Bernard	Stratford	113	F	33	24 F 30-39	27:33	7:52/K
172	Laura Kobus	Mitchell	175	F	48	20 F 40-49	28:15	8:04/K
173	Carter Jackson	Stratford	170	M	10	19 M 0-10	29:01	8:17/K
174	Scott Dally	Stratford	138	M	32	18 M 30-39	29:01	8:17/K
175	Andrea Degroot	Wallenstein	254	F	36	25 F 30-39	29:16	8:22/K
176	Nancy French	Sebringville	270	F	38	26 F 30-39	29:17	8:22/K
177	Troy Hamilton	Atwood	162	M	40	13 M 40-49	29:53	8:32/K
178	Martina Pfister	Mitchell	198	F	27	17 F 20-29	29:53	8:32/K
179	Anna Pietruszkiewicz	Cambridge	199	F	53	9 F 50-59	30:08	8:37/K
180	Tyra Duncan	Cambridge	150	F	64	3 F 60-69	30:08	8:37/K
181	Mawie Sheikh	Cambridge	211	F	32	27 F 30-39	30:09	8:37/K
182	Ewan Stephens	Stratford	217	M	5	20 M 0-10	30:29	8:43/K
183	Derek Stephens	Stratford	215	M	40	14 M 40-49	30:30	8:43/K
184	Derek Simpson	Sebringville	274	M	44	15 M 40-49	30:59	8:51/K
185	Jay Squire	Wallenstein	54	M	35	19 M 30-39	31:02	8:52/K
186	Mitisha Smitjes	Stratford	213	F	35	28 F 30-39	31:08	8:54/K
187	Betty Baker	Lakeside	108	F	65	4 F 60-69	31:09	8:54/K
188	Jim Coffey	Fergus	132	M	57	5 M 50-59	31:41	9:03/K
189	Judy Coffey	Fergus	133	F	56	10 F 50-59	31:45	9:04/K
190	Geena Marche	Wallenstein	187	F	8	15 F 0-10	32:10	9:11/K
191	Diana Burca	Cambridge	126	F	51	11 F 50-59	32:12	9:12/K
192	Kassie Ciaschini	Wallenstein	130	F	7	16 F 0-10	32:13	9:12/K
193	Eric Prevett	Goderich	202	M	13	6 M 11-13	32:24	9:15/K
194	Nancy Rheaume	Wallenstein	268	F	58	12 F 50-59	32:59	9:25/K
195	Samantha Medeiros	Wallenstein	190	F	25	18 F 20-29	32:59	9:25/K
196	John Rheaume	Wallenstein	204	M	58	6 M 50-59	33:37	9:36/K
197	Elyse Clement	Wallenstein	131	F	26	19 F 20-29	33:38	9:37/K
198	Holly Alexander	Tavistock	102	F	21	20 F 20-29	33:45	9:39/K
199	Denise Alexander	Tavistock	103	F	45	21 F 40-49	33:47	9:39/K
200	Vicky Hammell	Wallenstein	163	F	54	13 F 50-59	35:27	10:08/K
201	Ken Marenger	Stratford	262	M	48	16 M 40-49	35:27	10:08/K
202	Bill Moore	Morpeth	230	M	55	7 M 50-59	35:27	10:08/K

203	Katherine Dippel	Mount Forest	146	F	51	14 F 50-59	35:32	10:09/K
204	Jim Dippel	Mount Forest	147	M	54	8 M 50-59	35:33	10:09/K
205	Wayne Fear	Brussels	152	M	73	3 M 70-79	36:22	10:23/K
206	John Droog	Wallenstein	257	M	48	17 M 40-49	37:19	10:40/K
207	Bob Hunsberger	Wallenstein	168	M	70	4 M 70-79	37:20	10:40/K
208	Marian De Groot	Stratford	13	F	60	5 F 60-69	37:53	10:49/K
209	Gerda Wood	Stratford	269	F	63	6 F 60-69	37:53	10:49/K
210	Wendy McNaughton	Stratford	263	F	63	7 F 60-69	37:53	10:49/K
211	Jean Howden	Guelph	282	F	51	15 F 50-59	38:14	10:55/K
212	Stefan Larrass		348	M	35	20 M 30-39	38:15	10:56/K
213	Laura Tudorache	Cambridge	221	F	44	22 F 40-49	39:23	11:15/K
214	Dave Brown	Cambridge	121	M	38	21 M 30-39	39:27	11:16/K
215	Martha Carlton	Cambridge	127	F	32	29 F 30-39	39:27	11:16/K
216	Rosemary Galloway	Gowanstown	308	F			39:29	11:17/K
217	Janet Whitwam	Palmerston	227	F	51	16 F 50-59	39:30	11:17/K
218	Philippa Nyerhuis	St Pauls	319	F	5	17 F 0-10	39:33	11:18/K
219	Luke Bouman	Blyth	118	M	56	9 M 50-59	39:36	11:19/K
220	Steve Johns	Exeter	303	M	55	10 M 50-59	39:36	11:19/K
221	Mindy Squire	Wallenstein	214	F	35	30 F 30-39	39:48	11:22/K
222	Huub Nyenhuis	St Pauls	336	M	64	7 M 60-69	40:04	11:27/K
223	Yosephine Nyenhuis		337	F	64	8 F 60-69	41:02	11:43/K
224	Jolene Shardlow	Wallenstein	210	F	33	31 F 30-39	41:09	11:45/K
225	Kaitlan Van Wely	Wallenstein	222	F	27	21 F 20-29	41:47	11:56/K
226	Carolyn Luymes	Wallenstein	185	F	28	22 F 20-29	41:49	11:57/K
227	Barb Bridges	Stratford	120	F	34	32 F 30-39	42:13	12:04/K
228	Deborah Best	Stratford	114	F	60	9 F 60-69	42:13	12:04/K
229	Alison Vilaca	Ingersoll	277	F	36	33 F 30-39	43:31	12:26/K
230	Kevin Vilaca	Ingersoll	276	M	37	22 M 30-39	43:32	12:26/K
231	Bruce Brubacher	Wallenstein	122	M	58	11 M 50-59	43:36	12:27/K
232	Sue Brubacher	Wallenstein	123	F	54	17 F 50-59	43:38	12:28/K
233	Nick Huybers	Cambridge	242	M	24	6 M 20-29	45:08	12:54/K
234	Wendy Pratt	Wallenstein	267	F	44	23 F 40-49	45:43	13:04/K
235	Danielle Bailey	Wallenstein	106	F	48	24 F 40-49	45:44	13:04/K
236	Chris Ciaschini	Wallenstein	128	F	48	25 F 40-49	49:56	14:16/K

237	Linda Feltz	Wallenstein	153	F	50	18 F 50-59	49:57	14:16/K
238	Ange Dewar	Wallenstein	14	F	34	34 F 30-39	54:56	15:42/K